Diana Paola Pulido and Monica Ma Novoa-Gómez .

Research Group on Psychology and Health

Pontificia Universidad Javeriana-Bogotá, Colombia

This article is the result of research financed by Colciencias and the Pontificia Universidad Javeriana (PPTA ID 00004156). Thanks to Milton Edward Bermúdez Jaimes, Blanca Patricia Ballesteros and Amanda Milena Muñoz Martinez, for his valuable teachings, discussions and comments on the subject.

 Facultad de Psicología, Cra. 5 # 39-00 piso 2. E-mail: diana.pulido@javeriana.edu.co

 Facultad de Psicología, Cra. 5 # 39-00 piso 2. E-mail: mmnovoa@javeriana.edu.co